### NOTE TO PARENTS

### RULES ABOUT STRANGERS

This can be a difficult topic to talk about. However, statistics show that outcomes are improved when children are prepared for these types of situations.

### STRANGERS ARES

- Someone you do not know.
- Someone you are unsure if they may be harmful to you or not.
- Sometimes strangers are people you have seen or do know. People in the neighborhood; friends of the family; family members.
- They can be anywhere in the park, at your school, on the internet, or any other place you might be.

## WHAT DO STRANGERS LOOK LIKE?

- They may look very nice and friendly.
- They may be old or young.
- They may be a man or a woman.
- They may be with their families or friends.

SAFE ADULTS ARE GROWN-UPS YOU KNOW AND CAN TRUST LIKE PARENTS, POLICE AND FIREFIGHTERS!

#### 1. Never Take Rides from Strangers!

A stranger may offer you a ride or stop to ask a question. The stranger may even call you by name. That is a trick. No matter what a stranger says, NEVER go near a stranger's car. STAY AWAY!!

#### 2. Never Take Gifts from Strangers!

A stranger may offer you a gift. NEVER take a gift or candy from ANY stranger!

- 3. Always Go Straight Home After School!
- 4. Always go home the same way!

## 5. Always Let Your Parents Know Where You Are!

When playing away from home, let Mom or Dad know where you are. Never play in deserted areas, and ALWAYS play in groups.

## 6. Always Get Help If There is Trouble!

If you are grabbed or touched by a stranger, RUN AND SCREAM, and tell your Parents right away. If you see a stranger grabbing a friend, remember as much as you can about what the stranger looks like. If the stranger is in a car, write down the license plate number of the car.

#### 7. Never Open the Door To A Stranger!

If you are playing at home and someone knocks at the door or rings the doorbell, NEVER open the door to a stranger!



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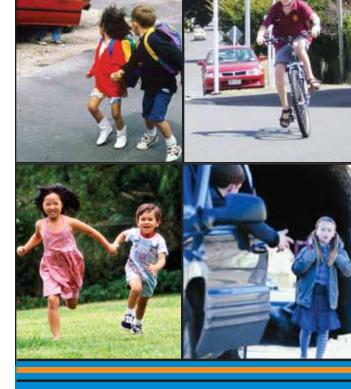




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#### HOW TO BE SAFE

- Always stay in groups, even in public places like parks, stores and malls.
- Never take short-cuts away from the public.
- Never separate from groups in areas like stores, fairs, theme parks!
- Remember, your safety comes first!



# THINGS STRANGERS DO TO GET TOU TO COME WHITH THEM

- Give gifts.
- Ask for help.
- Act like your friends.
- Create isolation and separate you from friends and family.
- Act lonely or sad to get you to talk to them.
- Give you a lot of attention.
- Earn your trust.
- Encourage you to tell secrets to them.
- Make you keep secrets they tell you.
- Get angry when you don't do what they ask you to do.
- Threaten you.

# WHAT DO YOU DO IFA STRANGER WANTS TO TALK TO YOU?

#### GROWN UPS SHOULD NEVER ASK KIDS FOR HELP!

- Say NO! and walk or run away.
- Go to a safe adult.
- Yell <u>LOUD</u> FIRE! GUN! NO! anything to get attention so someone will know you need help.
- Throw dirt or rocks at their face.
- Kick, bite, poke them in the eyes and <u>RUN</u>.
- Never panic.
- Always tell a SAFE ADULT if someone you do not know tries to talk to you or touch you.
- Never be ashamed or embarrassed.

#### WHAT IF THEY GRAB YOU?

#### **DO NOT COOPERATE!**

- Stop walking and <u>DROP</u> like a bag of potatoes.
- If you are carrying something hit them with it and run!
- If you are on a bike <u>DO NOT</u> let go of it!
- <u>DO NOT</u> let them take you!

## WHAT DO YOU DO IF THEY GET YOU INTO THEIR CAR?

#### **NEVER PANIC!**

- Pull on the steering wheel.
- Climb on top of their head.
- If you are on the floor try to pull the keys out of the ignition.
- Try to make yourself visible in a window.

## TRUNKOFA CAR

#### DON'T PANIC!

- There is a button or handle near where the trunk opens, try to feel for it to open the trunk.
- Feel for tools you may be able to use to pry open the trunk.
- Find something to pull out the tail lights and wave an arm or leg out of the hole.

# WHAT IF SOMEONE HAS YOU ALONE IN AN ISOLATED AREAS

#### **DON'T PANIC!**

- Tell them they haven't done anything wrong yet, it's not too late to let you go.
- Plead, or cry without getting them angry.
- If they get angry, learn quickly what makes them angry and don't do it.
- Study the area and look for a way out, make a plan in your head and when the time is right RUN!
- Try to get to a phone and dial 911.



#### IF YOU CAN CET AWAY?

- Step on rocks so your footprints can not be followed.
- If you are being chased and find an opportunity to hide:
  - Be still and listen for their footsteps.
- Breath through your nose and not your mouth.
- Cover yourself with dirt and lay still, even if they are nearby until it is safe.

#### SAFE PLACES TO RUN TO:

- Nearby houses that it looks like the owners are home.
- Stores, anywhere with a phone, and scream Call 911.
- Busy streets.
- Be careful, they may be looking for you.

## WHAT TO DO AFTER YOU GET AWAY

#### **TELL A SAFE ADULT!**

- DO NOT feel embarrassed or ashamed!
- Never keep secrets!
- Know there are people that want to help you!

#### PREVENTION

- Always tell your family where you are going.
- Always stay in a group of friends.
- Never wander from an organized group.
- Carry a cell phone if you must walk by yourself.
- Arrange to <u>practice wrestling</u> with your family.
- Practice how to not panic.
- Have your parents show you the buttons and handles to release the trunk lock.
- Play a game with your family when you are at an outing of how to escape from the room or area.
- When you drive by houses notice the difference between owners that are home and owners that are not home.